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F. Ramalho-ortigao^a; G. F. Jirikowski^a; H. Seliger^a

^a Sektion Polymere und Abt. Anatomie und Zellbiologie, University of Ulm, Ulm

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IN SITU HYBRIDIZATION WITH ANTISENSE OLIGONUCLEOTIDE:
ESTRADIOL STIMULATES TRANSCRIPTION AND TRANSLATION IN
OXYTOCIN PRODUCING HYPOTHALAMIC NEURONS.

Ramalho-Ortigao, F., Jirikowski, G.F.*, and H. Seliger
Sektion Polymere and Abt. Anatomie und Zellbiologie,
University of Ulm, Postfach 4066, D-7900 Ulm.

Abstract: Oligonucleotide probes combined with immunocytochemistry was applied to study the transcriptional and secretory activity of oxytocinergic neurons.

The labor inducing and milk ejecting posterior lobe hormone oxytocin is produced in magnocellular hypothalamic neurons. Previous studies have shown that the number of oxytocin immunoreactive neurons in the rat hypothalamus and preoptic region is increased after treatment with physiological amounts of estradiol¹.

The aim of the present study was to determine whether estradiol enhances transcription in oxytocinergic hypothalamic neurons.

In situ hybridization with synthetic antisense oligonucleotide probes for specific m-RNA, combined with immunocytochemistry have been used in order to characterize the synthetic and secretory activity of these neuropeptide producing neurons. This technique has several advantages over commonly used in situ hybridization of histological specimens with genomic probes².

Methods

The synthesis and the structure of the oligonucleotide, as well as the hybridization protocol utilized have been described elsewhere².

Ovariectomized wistar rats were treated for two days with subcutaneous silastic implants providing plasma

estradiol levels of 25 pg/ml. Control animals received blank implants. Serial vibratome sections of perfusion fixed brains of these animals were in situ hybridized with a (gamma 32 P) ATP labelled icosameric oligonucleotide probe inverse complementary to oxytocin m-RNA.

After hybridization, the sections were immunostained for oxytocin with the peroxidase-anti-peroxidase method and processed for autoradiography.

Results

In control animals immunostained and hybridized neurons were visible in the paraventricular and supraoptic nuclei and in the periventricular nucleus. While colocalization of in situ hybridization and immunostaining was apparent throughout these nuclei, several neurons with strong immunostaining remained unhybridized. Another population of cells showed intense radiolabelling and only weak immunostaining. This indicates that in ovariectomized animals, neuronal population of different levels of synthetic and secretory activity are present.

In estradiol treated animals oxytocin immunostained perikarya with intense radiolabelling appeared in the preoptic region, the perifornical region, the zona incerta and the lateral hypothalamus, in addition to the the neurons visible in control animals. The number of hybridized neurons in the supraoptic and paraventricular nuclei was increased as compared with the controls.

The combination of in situ hybridization and immunocytochemistry used in the present study provides a useful tool for studies of the synthetic and secretory activity of endocrine neurons.

Estradiol is known to stimulate the secretion of oxytocin into the peripheral circulation ³. A subpopulation of hypothalamic oxytocin neurons has nuclear estrogen receptors ⁴. Our results indicate that estradiol has the ability of inducing oxytocin synthesis in hypothalamic sites outside the classical magnocellular nuclei, perhaps through a direct genomic effect. This activation has

probably its physiological significance in the estrogen dependent stimulation of centrally projecting oxytocinergic system controlling sexual and maternal behavior⁵, as well as in the stimulation of the hypothalamo neurohypophyseal system³.

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